General Information
- Center for Disease Control and Prevention (CDC)
- World Health Organization
- World Health Organization - Spanish

Managing Stress because of Covid
- Coping with Stress during Covid outbreak
- National Institutes of Health
- Tips for coping - Mayo Clinic

Connect with Spiritual or Religious Community
- Harvard Divinity School

Hotlines
- AARP Grief Support
- Alcoholics Anonymous (AA)
- Crisis Hotline
- Depression Support
- Drug Overdose Support
- National Suicide Prevention Lifeline
- SAMHSA Disaster Distress Hotline
- VirusAnxiety.com

Mental Health
- National Alliance of Mental Health
- Support Group Central

Financial Assistance
- 211 - Referrals to organizations offering financial assistance
- IRS - Economic Impact for Individuals
- Need Help Paying Bills
- Resource for local food pantries
- Rx Hope - Prescription Medication Help
- SBA - Small Business

Printed Materials
Children/Teens
- Communicating with Children about Disasters
- What To Do When Death Enters the Life of a Child-Personal Rituals of Healing
- What To Do When Death Enters the Life of a Child-Clichés To Be Avoided
- Helping Children Grieve
- How To Cope After Tragedy Strikes-Tips for Teens
- Helping Teenagers Cope After a Traumatic Event
- Children, Teens and Suicide Loss